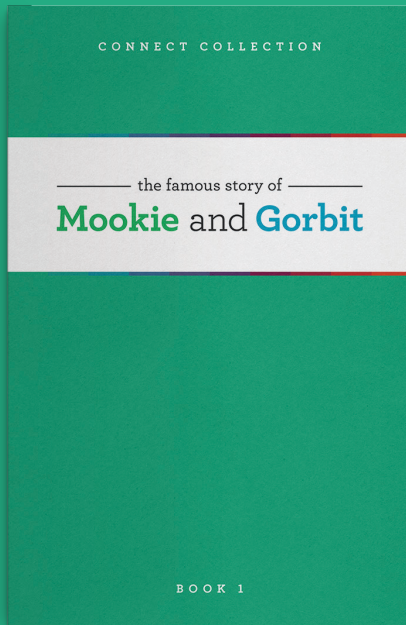




THE CONNECT COLLECTION

Parent Activity Guide

CONNECT COLLECTION	CONNECT COLLECTION	CONNECT COLLECTION	CONNECT COLLECTION	CONNECT COLLECTION
the famous story of Mookie and Gorbit	connect to your one Magic Word	a famous story The World is My Family	the famous story of So and Pro	the famous story of Bipsy and Basketball
BOOK 1	BOOK 2	BOOK 3	BOOK 4	BOOK 5
CONNECT COLLECTION	CONNECT COLLECTION	CONNECT COLLECTION	CONNECT COLLECTION	CONNECT COLLECTION
the famous story of Magnify Mike	a famous story When I am Quiet	the famous story of The Best Cabbie in New York	the famous story of The Perfect Tree	the famous story of Ty the Shy Butterfly
BOOK 6	BOOK 7	BOOK 8	BOOK 9	BOOK 10



BOOK 1 OF 10

Mookie and Gorbit

SUMMARY

Mookie and Gorbit is the story of Mookie the ant and Gorbit the elephant, who both weigh 20,000 pounds. Mookie is emotionally overweight, and Gorbit is physically overweight. Together they learn how to “lighten” the load by consuming healthier words and moving more.

THEME

The *Weight of Words* concept explores how the words we digest are like the foods we digest: they can affect us and our moods.



DINNERTIME CHATTER

1. What are three words that make you feel heavy?
2. What are three words that make you feel light?

NOTE: Try to be specific and personal with your answers. For example, the word “laughter” making you feel light is more general, but the word “grandma” making you feel light might lead to an interesting discussion!



FAMILY ACTIVITY

In this silly version of Charades, assign one person the role of Mookie and another person the role of Gorbit. Then have each character draw a simple household task or chore out of a hat. They should keep this to themselves and not read it out loud. Each person will then play charades AS their character and have the other guess what it is. Whoever gets the most correct guesses in 5 rounds wins.

NOTE: Put doubles of some of the items in the hat, so if both “Mookie” and “Gorbit” draw the same chore, we can watch via CHOREades, how those two characters would do them differently!



GET MOVING!

Let's Get Moving! Go to www.youtube.com/nalinikids, and let's workout together! After reading Mookie and Gorbit, give the Angry and Happy workouts a try!



OOPA'S TIPS!

Illustrate your point! Open your book to share the illustration you're most proud of. Explain why! And if it's a different page, also share which part of the story you think is the most important!



WORD SEARCH

All the words below are hidden in this word scramble. Before you search for them, review the definitions together. Race to see who can find the words the quickest!

Weight: the heaviness of a person or thing

Heavy: having great weight

Light: having little weight

Scale: a device that is used for weighing people or things

Emotion: a feeling

Mookie: an ant with a bad attitude

Gorbit: an elephant always in a good mood

Ant: a small insect

Elephant: the largest living mammal

Pounds: a unit of weight (16 oz)

Words: a distinct meaningful element of speech or writing

NOTE: Word search is on the next page!

H B A F Q F P R D P O U N D S
 Y V K D E S H S O Y I A V W Y
 T G S M Y A E L E P H A N T I
 M L O O D F L N O C Q C E I Q
 W K R R O N I H T O V N J P O
 O X S S B E G E J W G Q E J M
 G D X D L I H A C L W K Y N S
 R B N A E T T V A Y X H I K W
 R Y C A L W N Y Q T U U D C E
 Y S I G R O E P L T U E E T E
 P A N T I R A P H H F I S V M
 A R T T H D D G L T K H U S S
 X U O N M S I G F O V A X T J
 E M J C I E I Q O A I D E H T
 E W D E W J T M S U T A U P I

ANT
 ELEPHANT
 EMOTION
 GORBIT
 HEAVY
 LIGHT
 MOOKIE
 POUNDS
 SCALE
 WEIGHT
 WORDS



BOOK 2 OF 10

Magic Word

SUMMARY

Magic Word is the story of Oopa, a girl who is searching for the ONE WORD that perfectly describes her. Throughout Oopa's journey, she helps the reader to connect to his/her magic word too! What's YOUR magic word?

THEME

The *Connect To Your One* concept encourages readers to choose a magic word that fully encompasses who they are in heavy, light, and neutral situations. Your magic word= your heart's favorite thing to do!



DINNERTIME CHATTER

1. When can you use your magic word to make yourself feel better?
2. How could sharing your magic word with a parent, sibling, or friend help you understand each other?
3. If someone at the table thinks they have more than one magic word, talk about them together, and see if only ONE word can emerge.



FAMILY ACTIVITY

Acrostic Poem Challenge. Using your magic word, write an acrostic poem, giving one line to each of the letters in your word. For example, if your word is MAGIC, your poem might look like this:

Mom and I like to go to the park.

Always take a deep breath to relax.

Gym class helps me let out my energy and get strong!

If you can name it, you can tame it!

Challenge yourself every day to learn more than the day before.

NOTE: Have fun! Poems can rhyme or not, be illustrated, be sung--whatever you like!



GET MOVING!

Let's Get Moving! Go to www.youtube.com/nalinikids, and let's workout together! After reading Magic Word together, give the Confident and Respect workouts a try!



OOPA'S TIPS!

Illustrate your point! Open your book to share the illustration you're most proud of. Explain why! And if it's a different page, also share which part of the story you think is the most important!



WORD SEARCH

All the words below are hidden in this word scramble. Before you search for them, review the definitions together. Race to see who can find the words the quickest!

Word: a single piece of speech or writing

Magic: something that has a wonderful and exciting quality

Connect: to join two or more things together

Oopa: a young girl who is searching for her magic word

Inka: a young boy who laughs all day long; Inka's magic word is Happy

Zink: a young boy who loves everyone; Zink's magic word is Love

Lini: a young girl who loves art; Lini's magic word is Create

Bino: a young girl who is always busy building things; Bino's magic word is Fix

Pedinkadink: a young boy who doesn't have a magic word and struggles to connect with himself and others

NOTE: Word search is on the next page!

I	J	K	I	Y	J	D	X	O	R	P	Q	N	B	L
B	C	Z	K	X	X	B	C	W	H	H	D	C	H	Y
T	D	Z	J	W	P	Q	P	C	D	R	V	O	H	A
W	F	I	T	I	T	B	D	H	O	J	R	H	N	W
L	M	N	R	Z	V	L	T	W	B	Q	R	X	K	E
I	N	K	A	X	N	O	J	N	F	P	E	U	E	T
N	H	C	L	R	M	F	S	S	K	S	E	M	Y	K
I	D	C	O	O	D	L	Q	M	P	Z	V	A	A	I
P	E	D	I	N	K	A	D	I	N	K	B	G	S	Q
S	L	V	N	J	N	K	C	L	Q	D	U	I	V	O
L	Y	C	B	F	G	E	P	V	T	G	X	C	X	I
P	T	D	X	W	O	X	C	G	Z	V	U	M	P	H
C	T	C	M	O	O	Q	U	T	M	D	T	O	M	Q
H	Z	D	H	I	P	L	U	G	J	T	P	R	B	H
R	Y	T	L	U	A	C	P	R	Z	B	I	N	O	I

BINO
 CONNECT
 INKA
 LINI
 MAGIC
 OOPA
 PEDINKADINK
 WORD
 ZINK

— a famous story —
The World Is My Family

BOOK 3

BOOK 3 OF 10

The World Is My Family

SUMMARY

The World Is My Family is a story that celebrates the diversity of families. Oopa takes the reader on a journey from tree top to underwater to discover different types of families.

THEME

The *Dad. Mom.* concept helps readers connect to their own definition of family.

**DINNERTIME CHATTER**

1. Who do you think is the “lightest” character in the story? Who do you think is the “heaviest” character in the story? Why?
2. Which character in the story do you feel has a family most like yours?
3. Look around the room you’re in and choose one object. Can you imagine and describe this object’s family?

**FAMILY ACTIVITY**

Family Quirk Tree! Create a family tree poster together! The challenge here is to use whatever materials you already have at home (newspaper, computer paper, napkins, magazines, etc) and make a tree that looks a little...quirky! Then, underneath each name write one fun fact about each person (try to make it something silly that you love about them!).

**GET MOVING!**

Let’s Get Moving! Go to www.youtube.com/nalinikids, and let’s workout together! After reading The World is My Family together, give the Safe and Empathy workouts a try!

**OOPA’S TIPS!**

Illustrate your point! Open your book to share the illustration you’re most proud of. Explain why! And if it’s a different page, also share which part of the story you think is the most important!



WORD SEARCH

All the words below are hidden in this word scramble. Before you search for them, review the definitions together. Race to see who can find the words the quickest!

Family: a group of living things that are related to one another

Unique: being the only of its kind

Oopa: a young girl who is on a journey to learn about different families

Wiggly: a whale who was separated from his mother

Richard V: a light bulb who is one of 13 siblings

Maya: a car who travels around the world with her family

Titan: a turtle who was an army general and treats everyone like family

Bouncy: a puppy who is loved by all families

NOTE: Word search is on the next page!

T	F	S	V	X	Y	W	D	D	L	X	N	M	K	S
Z	O	K	U	I	A	G	I	C	T	R	D	Z	I	P
P	W	P	Z	B	U	Z	O	S	Q	D	W	Y	R	P
G	I	O	H	H	B	F	B	O	U	N	C	Y	E	P
L	G	W	V	F	N	K	Z	M	N	A	S	U	L	E
N	G	P	N	R	I	C	H	A	R	D	Q	V	X	U
C	L	C	C	C	Z	J	T	G	H	I	N	D	D	H
G	Y	D	I	T	N	I	U	R	N	C	G	R	T	F
C	U	S	G	I	T	X	M	U	D	N	F	V	Z	H
W	D	U	Q	J	Q	X	M	F	W	I	A	W	F	E
P	K	F	K	N	T	I	Z	W	U	P	M	Z	K	O
M	I	I	K	L	Z	K	C	V	O	N	I	K	O	O
C	A	F	M	P	T	L	U	O	Z	X	L	W	B	X
E	U	Y	W	B	V	D	S	S	B	A	Y	W	L	I
L	G	U	A	D	Q	X	Z	U	H	Z	P	D	N	J

BOUNCY
FAMILY
MAYA
OOPA
RICHARD
TITAN
UNIQUE
WIGGLY

the famous story of

So and Pro

BOOK 4

BOOK 4 OF 10

So and Pro

SUMMARY

So and Pro is the story of two twin brothers named So (short for Solution) and Pro (short for Problem) and their mechanic shop. So and Pro teach each other (and the reader) how to see solutions in everyday problems.

THEME

The *Solution Is Born Before The Problem* concept encourages readers to be solution-finders instead of problem-solvers.



DINNERTIME CHATTER

1. So and Pro used their different skills to make each other better. Who in your family works differently than you naturally do? What could you create together?
2. Identify a problem that a friend of yours is having. Try to think like So and Pro and see if the solution is already hiding in plain sight!
3. Come up with three things you could do tonight before bed that could make tomorrow an even better day.



FAMILY ACTIVITY

The Solution/Problem Race! Break your family into two teams. Assign a simple problem (i.e. Our beds aren't made yet; All of these coins need to get sorted into piles; The table needs to be set for breakfast) and allow each team to decide how they're going to solve that problem. Set a timer and see which team can accomplish the task quicker!

NOTE: The goal here is to see how each team approaches teamwork and efficiency. At the end of the race talk about the different approaches each team took. Then use this same strategy to talk about a slightly more complicated problem. (For example, "We don't eat breakfast before school"; "We are always late to practice"; "We don't get chores done") and come up with various and fun ways to solve the proposed problem!



GET MOVING!

Let's Get Moving! Go to www.youtube.com/nalinikids, and let's workout together! After reading So and Pro together, give the Frustrated and Perseverance workouts a try!



OOPA'S TIPS!

Illustrate your point! Open your book to share the illustration you're most proud of. Explain why! And if it's a different page, also share which part of the story you think is the most important!



WORD SEARCH

All the words below are hidden in this word scramble. Before you search for them, review the definitions together. Race to see who can find the words the quickest!

Problem: a question or condition that is difficult to understand or to deal with

Solution: an answer to or explanation of a problem

So: a mechanic and the twin brother of Pro; So is really good at finding solutions to problems

Pro: a mechanic and the twin brother of So; Pro is really good at identifying problems

Arthur: a friend of So and Pro; he is clumsy

Carly: a friend of So and Pro; she is a new student at her school and is having trouble making friends

Mrs. Bernstein: a teacher; she is very shy and her class is very loud

Doctor: the doctor who helps Pro when he becomes sick

NOTE: Word search is on the next page!

T	L	B	N	D	R	Q	V	R	Z	V	R	Y	J	P
G	P	J	F	L	S	D	S	Y	E	L	N	S	A	C
Q	M	U	W	U	P	X	M	O	Q	L	C	V	F	E
J	Z	X	O	K	Y	O	F	F	L	C	H	N	E	J
J	F	G	L	P	K	E	C	L	J	U	A	Z	Y	M
Y	M	A	A	C	D	T	U	P	U	A	T	G	P	B
Y	E	L	R	D	Z	E	B	W	L	K	H	I	R	E
G	U	W	C	T	H	F	Q	T	F	N	V	M	O	R
U	T	F	Q	G	H	Z	C	M	A	K	Y	R	B	N
R	E	U	A	Y	D	U	A	S	O	X	S	S	L	S
D	Q	L	D	B	O	D	R	S	A	H	E	R	E	T
X	M	C	P	C	C	Q	L	J	G	U	O	J	M	E
Q	W	J	W	R	T	W	Y	I	X	V	L	L	T	I
O	Y	Z	Q	I	O	A	E	G	G	Q	T	T	Q	N
D	N	D	T	W	R	G	P	F	H	Y	K	Y	A	U

ARTHUR
BERNSTEIN
CARLY
DOCTOR
MRS
PRO
PROBLEM
SO
SOLUTION

the famous story of

Bipsy and Basketball

BOOK 5

BOOK 5 OF 10

Bipsy and Basketball

SUMMARY

Bipsy and Basketball is the story of a girl who loves to play basketball, but she is told she is too small to play. Although she faces obstacles, Bipsy stays strong in her love for basketball and maintains control over her own happiness.

THEME

The *No One Can Take Away Your Happiness* concept encourages readers to find internal sources of happiness within themselves.



DINNERTIME CHATTER

1. Identify 3 different things that made you happy today. Identify them as internal or external sources of happiness. (For example, basketball is an external source, perseverance is an internal source.)
2. Compare your ONE WORD to your list of things that made you happy today. Are they related?
3. Do you have something you love doing as much as Bipsy loves basketball? Have each family member share what this is and what it means to them.



FAMILY ACTIVITY

Bipsy's Can Jam! Using some balled up scrap paper, set up a mini basketball court with a "free throw" line and a basket (like a trash bin). Each player gets 4 shots. For each shot they make, they get one point. For each shot they miss, they must answer a question about the story. IF the player answers correctly, they will gain a point! Max points in each round is 4.

SAMPLE QUESTIONS:

- How old was Bipsy at the beginning of the story?
- How old was she at the end of the story?
- What sport did Bipsy's brothers suggest she try?
- When her brother's hid the TV, what did Bipsy do instead?
- Is basketball an internal or external source of happiness?
- What is an external source of happiness in your own life?
- When Bipsy's basketball was stolen, what did she play with instead?
- What is an internal source of happiness for Bipsy?
- What is an internal source of happiness for you?



GET MOVING!

Let's Get Moving! Go to www.youtube.com/nalinikids, and let's workout together! After reading Bipsy and Basketball together, give the Happy and Perseverance workouts a try!



OOPA'S TIPS!

Illustrate your point! Open your book to share the illustration you're most proud of. Explain why! And if it's a different page, also share which part of the story you think is the most important!



WORD SEARCH

All the words below are hidden in this word scramble. Before you search for them, review the definitions together. Race to see who can find the words the quickest!

Happy: feeling joy or pleasure

Dedicated: devoted to a cause, action, or person

Irate: feeling of extreme anger

Bipsy: a young girl who loves to play basketball

Basketball: a game played between two teams which points are scored by throwing a ball through a hoop at each end of the court

Jersey: a shirt worn by teams during sporting matches

Coaches: athletic instructors, teachers, or trainers

Championship: a contest for the title of champion in a sport

NOTE: Word search is on the next page!

U N I I Q U N C F L E V K W C
 B R B I P S Y H Y U J M L F V
 X T O H D S N A R A S B Q H H
 F O H O Q W Y M J K B L D K C
 F B B A G G C P J M A J B O O
 J J F N P Z Z I U Z S E P P Y
 G U I I G P C O R X K R D Q K
 V V R D E H Y N C P E S E A P
 I U A F U O J S J Z T E D K Q
 E Y T N W E E H C N B Y I O Z
 P Z E E A E C I O F A B C K D
 C O A C H E S P R S L K A L I
 A K D V W S B G B F L J T P N
 Q W D H F M I V P L N I E R O
 P Y K U V M B L Q S P Z D T W

BASKETBALL
 BIPSY
 CHAMPIONSHIP
 COACHES
 DEDICATED
 HAPPY
 IRATE
 JERSEY

the famous story of

Magnify Mike

BOOK 6

BOOK 6 OF 10

Magnify Mike

SUMMARY

Magnify Mike is the story of a boy who sees the world through special magnifying glasses. Mike's glasses exaggerate everything in his life, which makes him unable to see things as they truly are. Soon, Mike's distorted view of the world gets in the way of him reaching his goals.

THEME

The *Don't Magnify Success or Failure* concept explores the importance of seeing things clearly and maintaining a balanced perspective of the world.



DINNERTIME CHATTER

1. Everyone take a turn saying one successful thing that happened that day. In the same tone, identify something that could have gone better.
2. Why is it important to have successes and failures? Can you think of a famous person who has had a success and a failure? How did it help them?
3. Talk about ways to be supportive of each other without magnifying successes or failures. How can we celebrate a sibling's winning game on a day we didn't do so well on a test? How can family-time help a parent having a tough week at work?



FAMILY ACTIVITY

Play Ball! Draw or use the provided diagram as a mini baseball diamond. Using two coins (a nickel and a penny, for example), take turns "at bat" answering questions about the story in a race to home plate. 4 correct answers gets you a run. The first person to get back to home plate wins!

SAMPLE QUESTIONS:

- Who is Mike's teammate who is worried about his glasses?
- What did Mike see the caterpillar doing with his glasses on?
- What did pebbles look like to Mike when he wore the glasses?
- What did a bear look like to Mike when he wore the glasses?
- When Mike hit one home run in a game, how many did he think he hit?
- At the beginning of the story, why did Alex say that the team couldn't play with him anymore?
- Who took Mike to the doctor?
- Name at least one thing that the doctor said would improve if Mike didn't wear his glasses.

Where did Mike put his glasses when he went back to play with his baseball team?

Did Mike's team win or lose the baseball game at the end of the story?



GET MOVING!

Let's Get Moving! Go to www.youtube.com/nalinikids, and let's workout together! After reading Magnify Mike together, give the Worry and Courage workouts a try!



OOPA'S TIPS!

Illustrate your point! Open your book to share the illustration you're most proud of. Explain why! And if it's a different page, also share which part of the story you think is the most important!



WORD SEARCH

All the words below are hidden in this word scramble. Before you search for them, review the definitions together. Race to see who can find the words the quickest!

Magnify: to cause something to seem larger than it is

Accurate: free of mistakes or errors

Mike: a young boy who sees the world through magnifying glasses

Alex: Mike's friend, who is frustrated when Mike cannot see clearly

Doctor: the doctor who helps Mike to see clearly without his glasses

Baseball: a ball game played between two teams of nine on a field with a diamond-shaped circuit of four bases

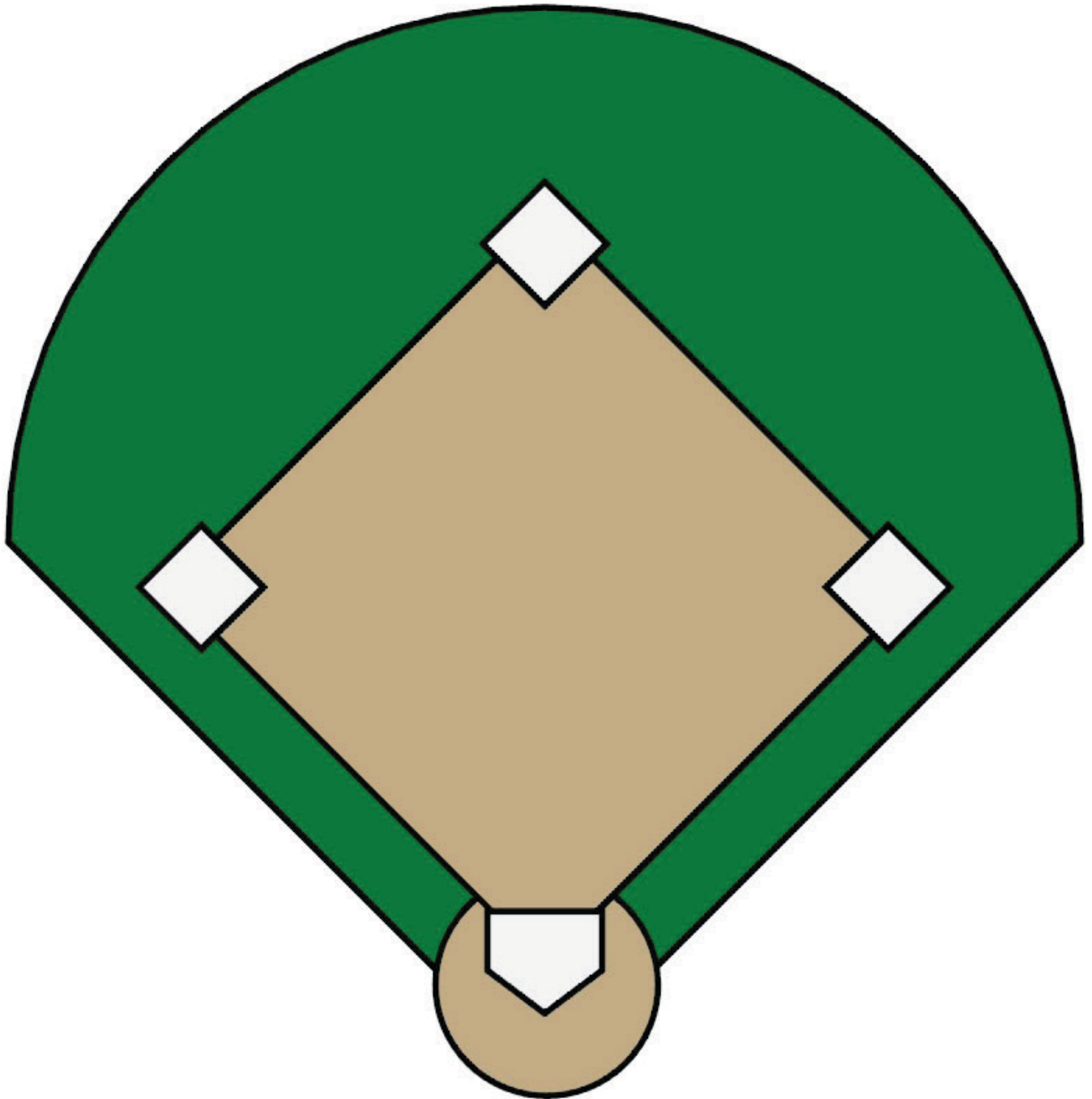
Game: a form of play or sport

Team: a group of players working together for the same goal

Success: an accomplishment

Failure: the action or state of not functioning or accomplishing

NOTE: Word search is on the next page!



ACTIVITY SHEET

F W B U I P T A O R N I B Q W
 M F B K O N N C O Y S W G F G
 O S A F V G P C G K Y F P B E
 I C U I B P K U H W I C F R Q
 S H U C O T G R I Y Y P U M I
 Q Q R K C K O A F R F L G X Y
 J I G A L E X T D S I I F F F
 N A A T B A S E B A L L M R H
 D L M M S O M S F O T E A M L
 D O E X R V I C O Z I Q G R K
 C P C Y Q C K S M T Q H N V X
 V K W T B H E P H M I E I S F
 P M Z M O C P K N E G R F Q D
 K V X Q L R U O V Y M I Y V P
 G A Z Y D J Z L G V M Y P Q N

ACCURATE
 ALEX
 BASEBALL
 DOCTOR
 FAILURE
 GAME
 MAGNIFY
 MIKE
 SUCCESS
 TEAM

— a famous story —
When I am Quiet

BOOK 7

BOOK 7 OF 10

When I Am Quiet**SUMMARY**

When I Am Quiet is a story that recognizes the importance of a moment of silence. The story explores the concept of silence from various perspectives, from inanimate objects to you, the reader.

THEME

The *Be Quiet. Sit. Smile.* concept embraces the benefits of mindfulness and silent reflection. What can you hear when you are quiet?

**DINNERTIME CHATTER**

Before dinner begins, take a moment of silence (1 minute with eyes closed, seated with good posture) as a family to feel what “quiet” in the room feels like.

1. What words come to mind when you think about being quiet?
2. How does being quiet make you feel?
3. When are some good times to be quiet?

**FAMILY ACTIVITY**

“When I Am Quiet” Listening Challenge! Set a timer for 2 minutes. In that quiet time, list all the things you hear. Listen closely! At the end of the two minutes, share your lists with each other. If someone wrote down something you didn’t hear, the whole group should close their eyes together and listen carefully, hoping to share the sound.

**GET MOVING!**

Let’s Get Moving! Go to www.youtube.com/nalinikids, and let’s workout together! After reading When I am Quiet together, give the Calm and Grateful workouts a try!

**OOPA’S TIPS!**

Illustrate your point! Open your book to share the illustration you’re most proud of. Explain why! And if it’s a different page, also share which part of the story you think is the most important!



WORD SEARCH

All the words below are hidden in this word scramble. Before you search for them, review the definitions together. Race to see who can find the words the quickest!

Quiet: making no sound or noise

Hear: to receive sound with the ears

Peaceful: tranquil and amicable

Calm: undisturbed and restful

Grateful: feeling or showing an appreciation; thankful

Earth: the world

Sun: the star around which the Earth orbits

Dog: a common pet

Cricket: an insect that produces a rhythmic chirping sound

NOTE: Word search is on the next page!

A	W	B	J	K	A	M	E	A	R	T	H	Z	G	M
G	R	A	T	E	F	U	L	C	M	I	J	F	X	E
L	A	P	J	U	W	U	I	U	B	R	Z	C	Z	J
L	K	A	K	C	F	Q	K	L	Q	B	Z	D	R	H
Q	U	J	I	E	A	B	R	C	Q	Y	O	I	N	E
V	C	V	C	B	M	Q	P	S	Z	U	L	Q	M	F
G	M	A	K	L	U	H	M	E	Y	I	I	A	K	I
N	E	W	L	Q	O	U	K	N	B	S	W	E	G	I
P	X	W	W	M	Q	B	K	I	A	U	I	Y	T	V
D	W	L	I	C	A	Y	P	L	W	N	J	B	H	N
O	C	R	I	C	K	E	T	A	F	A	M	R	V	Q
B	K	V	H	E	A	R	P	R	O	M	B	G	O	V
E	U	K	F	D	O	G	V	D	A	V	H	F	V	S
E	C	K	K	Z	Q	Y	I	T	I	H	X	E	Y	K
M	H	J	K	Y	C	L	A	G	U	N	V	L	V	I

CALM
CRICKET
DOG
EARTH
GRATEFUL
HEAR
PEACEFUL
QUIET
SUN

the famous story of —————

The Best Cabbie in New York

BOOK 8

BOOK 8 OF 10

Best Cabbie In New York**SUMMARY**

The Best Cabbie in New York is the story of a confident cab who goes in for a tune-up and quickly realizes there is nothing to “fix” because he loves himself, flaws and all.

THEME

The Love Yourself Dearly. Be Yourself Completely. Treat Yourself Occasionally. concept helps readers discover the power of self-respect, self-love, and self-acceptance.

**DINNERTIME CHATTER**

1. What are 3 things about yourself that you love dearly? Does another family member share these same qualities?
2. Was there a time today where you really felt you were being yourself completely? Did you think about your **ONE WORD**?
3. As a family, create a family goal and treat. If everyone helps to complete the goal by the end of the week, everyone gets an agreed upon treat (this could be anything — from a special movie, an ice cream, a trip to the park!) over the weekend.

**FAMILY ACTIVITY**

The Three Me's Circuit. The three circuit categories are: Emotional, Physical, and Release. Each family member will personalize their three categories. Using a timer, complete a task in each category for one minute, going through three complete rounds of “loving yourself, being yourself, and treating yourself.”

FOR EXAMPLE:

Emotional: I sketch for 1 minute

Physical: I do jumping jacks

Release: I sit in child's pose and breathe

OR:

Emotional: I thank someone and explain why

Physical: I do push-ups

Release: I massage my sore feet



GET MOVING!

Let's Get Moving! Go to www.youtube.com/nalinikids, and let's workout together! After reading *The Best Cabbie in New York* together, give the Confident and Respect workouts a try!



OOPA'S TIPS!

Illustrate your point! Open your book to share the illustration you're most proud of. Explain why! And if it's a different page, also share which part of the story you think is the most important!



WORD SEARCH

All the words below are hidden in this word scramble. Before you search for them, review the definitions together. Race to see who can find the words the quickest!

Love: strong feelings of affection

Proud: having respect for one's own worth

Larry Goldstein: a charming and confident New York City cab

Joey: he owns the car tune-up shop that Larry visits

Confident: feeling self-assured

Respect: a feeling of deep admiration and appreciation

Car Wash: a building or business that cleans cars and vehicles

Tourists: people visiting a new place (usually on vacation)

Theater: the activity or profession of acting in, producing, directing, or writing plays

Pizza: a food of Italian origin, usually with crust, sauce, and cheese (yum!)

NOTE: Word search is on the next page!

J W W A S H L O V E R Q B T A
 H I W P T T Z P T K T E N Z R
 L N R Q S E A V E I V E P T J
 H X E O E S Q T B O D X P Q R
 P Q S L V N L J O I V K T O N
 N R P E Y R R V F U B V Y N U
 X V E S F A K N C A R G N J R
 W L C U Q U O G Z E I I F Z T
 X U T F B C Y G P F E D S A Q
 P Z T H E A T E R T U R J T Z
 I T E E D D D N S L T L C L S
 Z O O U Y H W D J D A E G A K
 Z D O D X Q L C K Q G L D R G
 A R C A C O Y X G J O E Y R T
 P R S C G Z W Z N T L Y Z Y W

CAR
 CONFIDENT
 GOLDSTEIN
 JOEY
 LARRY
 LOVE
 PIZZA
 PROUD
 RESPECT
 THEATER
 TOURISTS
 WASH

the famous story of

The Perfect Tree

BOOK 9

BOOK 9 OF 10

The Perfect Tree

SUMMARY

The Perfect Tree is the story of a special friendship between a girl and a tree. As they experience uncontrollable changes in the seasons, they both learn to truly accept each other and their ever-evolving relationship (a reflection of inevitable changes in life).

THEME

The *Let Go. Love. Live* concept allows readers to accept changes in their lives and with others.



DINNERTIME CHATTER

1. Has anything in your life changed in a way you didn't think you'd like but you learned to like? (For example: Going to middle school, moving houses, or even little things like having to use paints instead of crayons)
2. Think of something you have had to let go of. Then, think of something you love. Then, think of what you need to live. Have each person share and discuss how those things could be related. Are they part of a cycle?
3. Besides a tree, can you think of something in nature that goes through changes like you do?



FAMILY ACTIVITY

Creative Recipes! Have each person write up a recipe for a yummy dinner. Then, using an imaginary circumstance, announce to the “chefs” that you have run out of ingredients. For example, “we’re out of chicken” or “we cannot use cheese”, and challenge them to come up with an equally delicious meal.

NOTE: Assign a night to try out a new recipe with the family.



GET MOVING!

Let's Get Moving! Go to www.youtube.com/nalinikids, and let's workout together! After reading The Perfect Tree together, give the Worry and Courage workouts a try!



OOPA'S TIPS!

Illustrate your point! Open your book to share the illustration you're most proud of. Explain why! And if it's a different page, also share which part of the story you think is the most important!



WORD SEARCH

All the words below are hidden in this word scramble. Before you search for them, review the definitions together. Race to see who can find the words the quickest!

Perfect: free from mistakes or errors

Change: to cause something to be different

Accept: to receive willingly

Girl: the protagonist of the story who loves her tree

Perfect Tree: the tree who goes through physical changes throughout the story

Leaf: the part of a plant attached to a stem

Flower: a plant, usually brightly colored with petals

Branch: the part of a tree that grows from the trunk

Snow: frozen ice crystals that fall from the sky as white flakes

NOTE: Word search is on the next page!

Y F M S B C F B T V F G Y J L
D W N K J F S P W X L A G V K
X Q C Z L S Q K Q I O Q S B W
A J O R V N V O J O W V K Y I
N Z A N A O N X P E E L U U W
Y C J H P W E N W E R K F Y M
H J Z B C I Z R R Z Y D W H W
C Y P R H Q Y T W X P H Q U H
P A H A A R J N G W G P J A P
E F C N N A Z N B E Z B M P U
R R X C G I R L E B E M P Z F
F Q R H E G J I E U Y A V A S
E I E T X P S M P A E H H G P
C W P M C V T O X S F M X N D
T O K C O J L E Z L G C W O C

ACCEPT
BRANCH
CHANGE
FLOWER
GIRL
LEAF
PERFECT
SNOW
TREE

the famous story of

Ty the Shy Butterfly

BOOK 10

BOOK 10 OF 10

Ty The Shy Butterfly

SUMMARY

Ty The Shy Butterfly is the story of a butterfly who is searching for the secret to getting bright and colorful spots on his spotless wings. Ty learns that he can earn spots by genuinely saying thank you to someone.

THEME

The *Say Thank You* concept will help readers appreciate the power of expressing gratitude.



DINNERTIME CHATTER

1. Who is your “Lucy?” — the person who helps you in school and is always a good friend to you?
2. Is there anything that you feel that you never learned how to do that you would like to learn?
3. How do you feel when someone doesn’t thank you? If you forget to say thank you, how could you show gratitude later?



FAMILY ACTIVITY

Silly Gratitudes! Imagine that you are an object in your home (ex: the bed, a lamp, a fork) and as the object, say thank you to someone. For example, the fork might thank the plate for serving up such a healthy meal. The lamp might thank YOU for turning him off early, so you could both get a good night’s sleep. At the end of a few rounds, have each game player say thank you to one another.



GET MOVING!

Let’s Get Moving! Go to www.youtube.com/nalinikids, and let’s workout together! After reading Ty The Shy Butterfly together, give the Grateful and Respect workouts a try!



OOPA’S TIPS!

Illustrate your point! Open your book to share the illustration you’re most proud of. Explain why! And if it’s a different page, also share which part of the story you think is the most important!



WORD SEARCH

All the words below are hidden in this word scramble. Before you search for them, review the definitions together. Race to see who can find the words the quickest!

Thankful: pleased and relieved

Gratitude: the feeling of appreciation

Sincere: genuine, true, not pretending

Ty: a butterfly who desperately wants to have spots on his wings

Lucy: Ty's butterfly friend who teaches him the secret to getting spots on his wings

Maple: a butterfly who is Lucy's friend

Pepper: a butterfly who is Lucy's friend

Louie: a butterfly who is Lucy's friend

NOTE: Word search is on the next page!

S L U C Y W T S L D K Q L K P
 I N S Y F K P M D C P U G W B
 N L S M I N D X R V F Z S S B
 C Y D A U L Z R X K A Y Q T G
 E J I P L B S U N C S D W Z W
 R F Q L U G R A T I T U D E U
 E P W E J C H H Y O K Z G B E
 I D N F A T C G T Q J T W P Y
 G Z U R V W Y D A P H N J E L
 M O U R L F L R V E E E Q I X
 T T Q D N F S M T P Z V V X E
 Q Z Z P V J Z C Z P C B I N M
 E S P Y A J E P M E S S A J C
 M T D K T R R S F R T T S Q C
 B L O U I E Z U O I S W T F V

GRATITUDE
 LOUIE
 LUCY
 MAPLE
 PEPPER
 SINCERE
 THANKFUL
 TY